

BigBrain Radio Show
6/17/06

(music)

D: Hey good morning! It's Saturday morning. Welcome to the BigBrain Radio Show. I'm Dr. David Stussy. You can call me Dr. D.

Z: And I'm Dr. Zena Xanders and you call me Dr. Z.

D: And we are...

B: The BigBrain Radio Show!

D: Hey, we have a love show today Dr. Z.

Z: We've got a love connection coming on.

D: Yeah. We're going to be talking about the heart.

Z: You know we've been doing basically...

D: That's right. We've been talking about it.

Z: ... an epic journey of the physical and metaphysical heart. But you came up with a wild idea to do love... like the heart and love.

D: Well, you know the heart we found out has its own emotional making and its own memory and its own nervous system, its own neurons. But we know the heart and brain are connected and that's where we get confused when it comes to love. Okay? When we think of hormones, what do we think of?

Z: Oh boy. We think of Dr. Zena Xanders, of course. (laughter)

D: (laughter) I walked right into that.

Z: You walked right into that one.

D: Right. If you were a teenager though, you'd probably think of...

Z: Boys! (laughter)

D: Okay, well I'll skip that one. But the hormones kind of integrate the two. But anyway, we think of love. And sometimes it's more head or brain. Sometimes it's more heart or hormones, right? We really see a variation in the expression of love. So I started looking up this information about love and I really... it was all kind of mish-mash... it didn't make much sense. So I thought you know, in the past you would have talked about love with poetry, right?

Z: Sure.

D: I could sit and read poetry...

Z: That's one category, yes.

D: How do I love you? Let me count the ways.

Z: Oh, I like that.

D: Yes.

Z: Romeo, Romeo, where for art though Romeo?

D: Yes, but I think that would get a little... flat. I don't know enough love songs maybe. I could write my favorite love songs. Anyway, it comes in music, right? So I think popular music, and oldies and goodies, and new ones and everything talk about love all the time. Like you said, now you've been hearing love songs.

Z: Yeah, ever since you said you wanted to this show now all I hear on the radio is love songs.

D: Well there's only... there's different kinds of love you know. There's parental love, there's God's love; there's family love; there's friendly love; and there's passionate love; and then there's unconditional love.

Z: Wow.

D: And unconditional love is just what it says. There are no conditions. So really that's the love that exists in the universe. And any religion would talk about that. It exists with no conditions. And then the way we perceive things is by putting conditions on them. In fact, our nervous system is designed to make a difference in something or we can't perceive it. If was exactly the same, we wouldn't be able to see it. They've done tons of studies on that. You know if you put like a... if you put a sound in an ear and it's exactly the same in the other ear, it'll show up in the middle of your head. It'll see like it comes from...

Z: (laughter)

D: ... honestly, it seems like comes from above, down, inside out.

Z: Okay.

D: We can't perceive it because we can't make that distinction.

Z: Right.

D: So the purpose of perceptions is for us to know that they're there. But we get all wrapped up in these perceptions and I think the most common of that of course is passionate love. So we're going to play a bunch of songs...

Z: What about lusty love?

D: Well I think that comes in the category...

Z: Oh, is that the passionate love?

D: You want to list one: Passionate, lusty love; there's teenage love. There's, what? Adolescent love.

Z: Puppy love.

D: Puppy love. There's romantic love; there's long-term love; there's companion love. Um... maybe there's old-age love? Huh?

Z: Ah, we're betting on it. We're like hoping and praying that that's the case. Yes, I'm sure.

D: But the conditions are the thing that I think is really interesting. I ... and you know the way we talk about the BigBrain show and our ability to perceive, is it's our perceptions that sort of determine how we see the world. And our perceptions really are based on our median interpretation. And we've always say to let people know that there's all types of perceptions there so they balance out. And the power is being able to have all those perceptions and not get locked up into them. They're just so much fun to enjoy. Because I think everybody can say they... you know... infatuation love is very exciting, very interesting. Compassionate love is very exciting. And even if you would be able to see that unrequited love, or love lost could be exciting, you can experience that as an emotion, enjoy it and move on because in the background is unconditional love. It's always there.

Z: I love the expression whatever the question is, the answer is love.

D: It is. That's true. Where'd you hear that?

Z: I don't know. I read that in some metaphysical journal.

D: I thought you were going to say you made that...

Z: Well I kind of did. No. But... actually that's accurate. So if I made it up then I'll take credit for it. (laughter)

D: So we're going to different songs. So I copied about 20-40... pretty much randomized it so we didn't have like just kind of songs I like.

Z: Put it on shuffle.

D: Well we got a little country music. We got a little ... hip-hop I couldn't have. It was a little too...

Z: You couldn't do rap love?

D: ... too implicit. Yes. I tried to do some rap...

Z: This is a family show.

D: Just when I thought I had it, then some word would pop up. We didn't want to spend the time editing.

Z: Right.

D: I mean they're good songs too. I like...

Z: Well, what've you got? Do we get hear one?

D: Well, we should...

Z: We're going to kick this off.

D: ... We should kick one. I don't know. Let's do ... let's do this one right there. Huh? I got one coming up.

Z: Who's this by now?

D: Well, let's take a look. It's "Everything I Do, I Do For You".

Z: Bryan Adams.

D: Yeah, we can let that play a little bit. So what we're looking for in these songs is what do people say, and then what do you hear/what do I hear. I'm sure everybody else...

Z: This is will be fun.

D: Ah... he's going to play a little ... (music) here we go.

(song: Look into my eyes, you will see... what you mean to me. Search your heart. Search your soul. And when you find me there you'll search no more. Don't tell me it's not worth trying for...) (music continues in background)

D: Okay. So you know... what he's saying there is that ... you know ... he sees through his eyes. So you can hear a lot of eyes. You know what I found? There was different kinds of songs, like to somebody... like this is... he's talking about you to me... is what he said. He brought up the heart. And the eyes is one thing I found up showing a lot. I suppose eyes and touch.

Z: Hmm. The eyes are the window to the ...

D: Soul.

Z: Soul. And the soul lives in the ... heart.

D: Yeah, so he has different ways of expressing that. Okay... let's see...

(music) ... you will find... there's nothing there to hide. Take me as I am. Take my life. I will give it all, I would sacrifice. Don't tell me, it's not worth fighting for... (fades)

Z: yeah, don't tell me it's not worth fighting for.

D: Yeah. And take me as I am. That's a good one, huh?

Z: Yeah. That's, you know I think every human being's desire to be accepted unconditionally... for who we are... everything we are and everything we're not.

D: I think everybody wants to be loved for who they really are.

Z: Yes. I think that's a human... basic human desire.

D: We pretty much can cancel the rest of the show now.

Z: (laughter) We pretty much covered the whole thing in the beginning. You always want to say the beginning... the end first and then go ahead and prove your point. So we will.

D: Of course that was Bryan Adams... Canadian singer.

Z: Okay.

D: ... he's been a little bit of a rocker. Um, let's see. Let's... do you have anything more you want to say about that?

Z: No, I'm just looking... can we please... I have to do my ... my Tina song.

D: So...

Z: Okay? So let's do... what is that, 13 then I think...

D: 13, yeah.

Z: Tina, she's like my... my girl.

D: Okay.

Z: Tina Turner is ...

D: ... might want to lead in a little bit ...

Z: Yeah...

(music)

Z: ... or not! We'll just jump it.

D: Actually this starts out with Bryan Adams again, and Tina together.

Z: Oh, well that's a nice segue then.

D: So they're putting two people together singing. Okay?

Z: That's good.

D: Some people like...

Z: Two kind of unlikely people, but great voices.

D: Yeah, there's a couple duets here. They're hard to get ... there were some probably better duets I could have picked, but these are the ones I showed up with. It's kinda fun. It's like Saturday morning and music with Dr. Z and Dr. D, huh?

Z: The BigBrain music show.

D: Should have some coffee on.

Z: Let's hear it.

D: We're getting ready to rock and roll. Let's go baby.

(song: The feeling has ended. There ain't no use pretending. Don't you worry. It's only love. But your world has been shattered; ain't nothing else matters. It ain't over... and it's only love)...

D: Now he's saying, only love. That's all there is. Okay?

Z: All right.

D: That's what we started out saying wasn't it?

Z: And now what's Tina going to say now?

D: What's Tina going to say? We gotta wait...

Z: I'm sure she has something to say to that.

D: Here she is.

(song: Your heart has been broken. Hard words have been spoken. It ain't easy, but it's only love. And if your life ain't worth living and you're ready to give in, just remember... it's only love...)

Z: Well love certainly wasn't easy for Tina.

D: You know what I thought there... Well yeah, right. She had some...

Z: Yeah, she had a history with Ike. So...

D: Yeah, she had her ups and ...

Z: And now she's with some younger, hot guy, living in the Swiss mountains. So, go Tina! (laughter) You go girl! I'm sure she'd have another song to sing today. We should call her.

D: You what the thing I got when they both sang the same lyrics is... remember how we said how the heart has a rhythmic beating of its own and the brain picks up on that?

Z: Okay.

D: And so those hearts start beating as one. It's only love. Okay?

Z: All right. Good. Very good.

D: How's that?

Z: I like it. I'm liking, I'm liking it.

D: This is kind of fun. You know Buckminster Fuller... you know I've talked about him...

Z: Bucky. Your man Bucky.

D: He sings... mathematically. But you see there's only two forces in the universe. There's radiation, which is the energy that comes from the sun and in... and gravity, which is the force outward that kind of keeps things attracted to each other.

Z: You mean the force inward.

D: Yeah...

Z: Down.

D: Down. Yes. Well attract... causes this attraction. And love is the integral of those two. Those are metaphysical principles...

Z: It's like a mathematical formula.

D: And he called love the metaphysical gravity.

Z: Love is metaphysical gravity.

D: But mathematically he showed all there is is love.

Z: Like you say... I gravity you. (laughter)

D: It just doesn't have it...

Z: It doesn't quite have the same ring.

D: But it's nice to know that someone actually kind of took a look at it.

Z: But isn't love grounding? It really is. So it does feel like gravity.

D: It is grounding. There you go. And it radiates.

Z: Radiates.

D: Energy.

Z: Radiate.

D: Energy.

Z: I radiate, gravitate you.

D: Sometimes it sucks... sucks love too.

Z: You get a little Valentine's card... you know your next Valentine... I radiate, gravitate you.

D: We could have all the BigBrain Radio... the BigBrain valentine cards, huh?

Z: Yeah, we already started our own Hallmark line. Remember last time?

D: All right. So let's... we've got... let's get one more here as we go on out. Okay?

Z: Okay. Well as we go out... we gotta do... we gotta do my man... number one.

D: I think that's the one we played on the way in... to start with.

Z: No, we didn't. We did Bryan Adams.

D: No. Oh we did. Did we do Bryan Adams on the way? Okay.

Z: Yeah... we gotta ... we gotta go to the break with this guy.

D: Let's do number 3.

Z: This guy is love.

D: This is what I call an autonomic song. An autonomic song... remember we talked about the autonomic nervous system...

Z: Number one. We're going to number...

D: Let's do number three.

Z: No, number one.

D: Okay. Number one.

Z: Oh, no, no, no... you're right. Number three. That's the one I thought it was.

D: Okay. Number three.

Z: I didn't see that.

D: Now does that sound like a normal conversation?

Z: (laughter)

D: This is so real today. This is a realty show.

(music - Elvis)

D: Anyway...

Z: Oh yeah... this is the one. Let me get my boots on. Hold on.

D: Okay. But it's autonomic as it talks about body sensations and feelings. Okay. Fire, fire, fire. Okay.

Z: Let the guy speak.

D: Okay.

(song: Girl, girl, girl... you gonna set me on fire. My brain is flaming, I don't know which way to go...)

D; Make sure you come back.

Z; I've got to hear this chorus. I love this.

(song: Your kisses live behind, like the sweet song of the fire. You light my motor ...)

Z: Bring it home baby.

D: Burnin' Love.

(song: Burnin' love).

Z; Now how can you sit still?

(song: Ooh, ooh, ooh... I feel my temperature rising...)

D: Hey, make sure you come back to AM950 Air America Minnesota...

Z: We'll be back.

D: We've got music going today.

Z: This is the BigBrain Radio Show.

(music: Crazy Little Thing Called Love)

D: Hey, welcome back to the BigBrain Radio Show... "It's a Crazy Little Thing Called Love", by Queen.

Z: Let's hear another verse.

D: Go on baby, play it.

(song)

D: Dr. Z wants to keep dancing.

Z: I don't know if I can do the show. I can't sit still.

(song)... like it... crazy thing called love.

D: Okay.

Z: All right. So that's Queen. We love Queen.

D: yeah... now that's ... I told you I was breaking these songs down. That's a song that just talks about love. It has like rhythm to it, but doesn't... it's like... it's just about love. You know?

Z: Are you trying to say it's like fluff love?

D: Well, it's not fluff love. It gets you...

Z: Marshmallow love.

D: ... it gets you moving... gets your rhythm... it actually gets your whole body going. You can't stop.

Z: This is like an ice-breaker love song. This is the one that pulls everybody to the dance floor and then everybody kind of pairs up for the slow dance.

D: You're right. Okay, well maybe...

Z: Queen knew what he was doing. He was trying to hook people up.

D: Queen. Well anyway... you know earlier I was talking about the different kinds. There's like story songs. There's unrequited love songs. There's ones that about you versus me, me versus you. There's victim. There's ones that talk about the future...

Z: There's ones that talk about you got the dog, I didn't.

D: Yeah, those are the country ones...

Z: You know the country western.

D: yeah, there's kind of one like that. Not too much though. You have to play those in reverse, remember?

Z: Yeah, that's right.

D: Ah... so ... what was I going to say? Oh, you know the incr... have you ever heard of the word... mentonym?

Z: Spell it for everybody.

D: M-E-T-O-N-Y-M-Y. It means like, or as similar to... I think. And it's used... it's in reference to a physiological response of the heart rate, and the words that they come up with like palpitations.

Z: Oh you mean the word sounds like the physiological action.

D: Yeah, it's like antonym or synonym... but they call it like a metonym. It's still nym. The synonym ...

Z: Easy for you to say. Anyway...

D: Anyway, here's some examples. She had palpitations. He's a heartthrob. His heart was throbbing with love. Okay? I thought that kind of... that's all I had... (laughter)

Z: Okay, you got a song like that?

D: Yeah. Let's get a heartthrob song, okay? How about number 9 there? Huh? Let's let that one...

Z: Oh, hmm...

(Music)

Z: Ooh, it's kind of sexy.

D: Yeah, this has got a little bit of a lead in. And this is by Faith Hill... And she kind of gets you involved because her voice almost pulls you into... you want to fall in love here, I think.

Z: I think so.

D: Actually I think she is in love. Okay.

(song: I must be crazy now. Maybe I dream too much. But when I think of you... I long to feel your touch... to whisper in your hear, words that are old as time... words only you would hear... if only you were mine. I wish I could go back to the very first time...

D: So there's she's got a little unrequited love I think. Maybe she's not quite where she wants.

Z: The name of that song is "I Love You".

D: I Love You. I think somebody's a real fool...

Z: That's a pretty ...

D: There's a fool out there I think.

Z: Yeah, really.

D: But anyway, there she brought up... brought up what we heard already... the crazy... you know love makes you crazy.

Z: I think I've been drinking too much.

D: I'm drinking.

Z: Maybe I'm drinking too much.

D: Drinking too much. We don't want to... and touch... whispering special words in your ear. And words are very... so there's your brain with your ... coming in. And remember that little machine I just showed you about the heart and breathing?

Z: Yes.

D: How it breathes and then the sounds go in your ear and make your breathing...

Z: And that tone that goes to the middle of your head that you were talking about... (laughter)

D: It does. It goes to the middle of the head.

Z: I love it.

D: It does!

Z: Middle of your head.

D: So we have crazy love; we've got unrequited love. Um... let's go to number 10. Huh? See what we got here.

Z: Oh yeah. This is by Foreigner. "I Want to Know What Love Is"

D: I like this song.

(music)

D: So... people... I wonder if people are getting a little throw-back or a little déjà vu.

Z: Oh, doesn't it just trip you? A memory for every song?

D: Oh I forgot. Now let's talk about that... music and words and love...

(song: Gotta take a little time...)

D: Even get the feelings.

Z: Let's see what he has to say.

(song: ... a little time to think things over. Gotta read between the lines, in case I need it when I'm older...)

D: So, he... he's gonna need a little help there.

Z: He's like a guy. I gotta take a little time.

D: (laughter)

Z: I gotta think things over.

D: That was great.

Z: That was such a guy song.

D: I totally missed that.

Z: I'm like, this sucks. This sounds so much like a guy. Make a decision already.

D: He was giving you the philosophical reason.

Z: That guy would be out with me.

D: He needs it when he's a little older.

Z: (laughter)

D: (laughter)

Z: Girl, just run. Turn around and run. You don't want to hang out with this guy. Let's hear the end here.

(song: ... there's heartache and pain... I don't know if I can face it again. Can't stop now. I've traveled so far... to change this lonely life. ...)

D: This is the best right here.

Z: Here's the chorus.

(song: I wanna know what love is...)

Z: (singing) I wanna know)

(song: I want you to show me. I wanna feel what love is. I know you can show me...)

D: He doesn't want to do any of the work, does he?

Z: I don't know. I'm like not liking this song anymore. Cut that! Just cut that!

D: You know you have ruined that song for me forever now.

Z: Oh, that's awful.

D: And I loved that. You have driven that song in the ground. It's good to hear the other part of it though.

Z: Oh yuck. I would not date that guy.

D: You want a good story song here? We've got one.

Z: All right. What do you got?

D: How about 14. This one is really good.

Z: Oh... oh yeah. This is hot. Now these two are married. And they're hot for each other.

D: I didn't know that.

Z: You didn't know that? It's like the hottest couple.

D: Tim McGraw and Faith Hill?

Z: Yeah, isn't that right? Yeah... that's right.

D: Well...

Z: Yeah, I saw them on Oprah.

D: Let's look at the audience. Yes... it's true. They're all saying yes.

(music)

Z: I believe so. He's a journeyman singer. He's a songwriter really.

D: Okay.

Z: She's the hot singer. She's got the pipes.

D: This is him singing to start with.

(song: Dancin' in the dark. Middle of the night. Taking your heart, and holding it tight. Emotional touch. Touching my skin. And asking you to do what you've been doing all over again. Oh, it's a beautiful thing.

Don't think I can keep it all in. I just gotta let you know what it is that won't let me go. It's your love. It just does something to me. Sends a shock right through me...)

D: This is what I call a real love song. I mean he's just really expressing his love.

Z: I know. He's a great song writer. You know... and that's the thing... you know some of these love songs...

D: That gets your heart, doesn't it?

Z: Yes it does. The love songs are beautiful by the artist that sings them, but we often forget the person that wrote the song. The songwriters, the lyrics are amazing.

D: You're right. I think it's great. Let's just play a little bit more of it. I'm kind of liking this one.

Z: You're liking this, huh?

D: yeah.

(song: ... and all of this happened by taking your hand. And who I am now... is who I wanted to be... and now that we're together, I'm stronger than ever, I'm happy and free. Oh, it's a beautiful thing... I don't think I can keep it all in. If you ask me why...)

D: Okay... let's go down... let's see... I got...

Z: You know they're on tour right now... and with their three daughters. They have a commitment to keep their family together. So they're an amazing couple.

D: How do you know all this?

Z: Don't you ever watch the shows? Gee whiz.

(song: I can't always come when you call...)

Z: Who's this?

(song: ... understand everybody has there faults...)

Z: Joss Stone.

(song: ... please understand not worry who I'm with or what I do...
'cause I understand I'm in love with you...)

D: Joss Stone. Understand... Now they're asking for some...

(song: Do you understand that I'm in love with you? I keep our song
on repeat...)

Z: All right. Come on back. This is the BigBrain Radio Show.
We're having a love fest with music. BigBrain music. This is AM950 Air
America Minnesota.

(song: ... but in my dream, I'm holding you... alone on an island...
just the two... hope you understand that I can't always come when you
call... understand...)

(music)

(song: Love is everywhere I see it. You are all that you can be... go
on and be it. Life is perfect... I believe it... come and play the game with
me. Open yourself to the first celebration, open to your eyes to the joy and
pain... life is the fruit of your own creation, every new birth is a soul we
gain...)

D: Hey, welcome back to the BigBrain Radio Show.

Z: You're crying!

D: Of course I cry...

Z: This is your guy, Johnnie Denver. Oh man. Get the Kleenex.
He's amazing. He's just amazing. You going to make it? While you're
catching your breath, people are calling in to see if we can do their wedding
mixes now. I think we gotta a new side job. Side profession.

D; You know this was exactly the way John was. That's what's so cool about it.

Z: Let's hear this.

(song: Love is everywhere, I see it. You are all that you can be, go on and be it. Life is perfect. I believe it... come and play the game with me.)

Z: That was your experience of John Denver. You'd go out and play with him. And life was a game...

D; I mean that's the way it felt. I mean obviously, he had moments... everybody has them... but this was his philosophy of life and he believed it to the core of the body. You know?

Z; And that was the energy when you met John Denver, this is how it felt.

D: Yeah... oh gosh, you never met such energy.

Z: Far out! Howdy. How are you?

D: He always made you feel important. Okay/

Z: Yes. All right. Good.

D: So I've got this little thing called "It's the Moment of Love; Inviting More to Love in our Hearts" And it's like a little poem. I found this on the internet, I guess.

Z: The source of all greatness these days.

D: No ...

Z: The cosmic mind.

D: I still have books.

Z: Oh... you are so out of date.

D: Okay... It's every person in the world has a heart. Every heart has a place within that wants only to love and be loved. Let us connect with that place of love in our heart and in the hearts of all around us. Now let's take a moment now to open to the heart connection we share with all the people through love. So we're always talking about connection.

Z: Who's the author of that?

D: It doesn't say. It's just called "The Circle of Love".

Z: All right. Well if anybody knows you can email us.

D: I think it's a group... you can probably talk to them... it's at www.momentoflove.com or www.circlesoflove.com I'm not sure.

Z: Anyway, it struck you.

D: Well... yeah, it struck me. Cute little poem we could talk about.

Z: Okay. Good.

D: You know so here we are reflecting on love through songs.

Z: Yes.

D: And a lot of... I think there's a lot of energy in love songs. I mean there are some sad love songs. I don't really relate to those very much... because you think of people being kind of destructive. And although love certainly has as equal amount of pain as it does.

Z: Pain and pleasure.

D: Okay. And...

Z: I like this love song because... number one...

D: Okay.

Z: ... because it's kind of cosmic. It's like you intended something and then it showed up.

D: People like to think they're cosmic when it comes to love.

Z: Yeah. This is by Savage Garden.

D: Yes.

Z: Yeah.

(music)

(song: Maybe it's intuition...)

D: You know the first part he kind of gets into it and talks a little bit...)

(song: ... some things you just don't question...)

D: ... about his intuition... and how he kind... he wants to explain... it seems kind of crazy to people...

Z: Doesn't make sense logically.

D: But he has this deep feeling... okay... that he wants to bring out. And then he's going to tell her about it.

(song: ... I think I found my best friend. I know that it might sound more than a little crazy, but I believe... I knew I loved you before I met you. I think I dreamed you into life. I knew I loved you before I met you. I have been waiting all my life...)

D: Oh, it's so good, isn't it?

Z: You know this so appeals to me. You know that expression "loved you at first sight"?

D: Yeah.

Z: It's kind of like that. Like you know what you're looking for. You know what your heart's longing for... and the moment you see it you know that's it. And then when you actually have that experience... like if you get to meet that person or be with that person and it is that...

D: Yeah.

Z: That's like extraordinary.

D: You know I saw a card the other day that said "My heart knew I loved you when I met you, but it took a while for my head to let me..."

Z: To figure it out.

D: ... To figure it out. Because we come up with all the reasons that you know this can't be possible, etc.

Z: Let's just hear this chorus. Just one last time.

D: Oh sure.

Z: Just indulge me here.

(song: ... I believe... I knew I loved you before I met you. I think I dreamed you into life. I knew I loved you before I met you. I have been waiting all my life...)

Z: I think that... would be considered a slow dance, don't you think?

D: I think that's a slow dance.

Z: That was a good excuse for a slow dance.

D: You know there are... have been some really big groups in the past. In the '70s there was a group called Fleetwood Mac...

Z: Oh yeah.

D: And the big thing... you know this is when I used to hang out with John at the recording studios and stuff... is the amount of time ... it took them an endless amount of time to write this song, but this was the biggest mega hit for many, many decades...

Z: Really. In the '70s.

D: Oh yeah. This was like best song.

(music)

Z: Oh yeah! I'm having a flashback.

D: Yeah. See.

(song: I must see baby... on a poor girl like me. You know I'm falling, falling, falling at your feet. I'm tingling right from my head to my toes. So help me, help me, help me make the feeling go. 'Cause when the lovin' starts and the lights go down, there's not another living soul around. You rule me until the sun comes up, and you say that you love me...)

D: Yeah. Huh?

Z: That's a hot song. Yeah.

D: That is a great song.

Z: I'd forgotten that.

D: It's getcha, getcha kind of moving isn't quite like crazy love, but it gets you moving and I think ... you know this is probably a lot of déjà vu with that song I would imagine...

Z: (laughter)

D: And you know for people who have never heard it before it's great music, because there's a lot of music people just have never... you know... just haven't had a chance to hear it.

Z: And the wonderful thing about the internet too ... you know you can go to itunes and download...

D: Oh yeah.

Z: ... just the songs you want. Make your own mixed tapes. I can't tell you how many \$15 CDs, \$20 CDs I've purchased and maybe one song I wanted...

D: Oh really.

Z: And then you just set it aside. How much wasted money is that?

D: You know and then you listen through it again and it's the exact same song again. It's the one that was... you know... so let's go... what we're talking about... because we're talking about the brain and the heart and it... it... you have rhythm with it. It kind of... what's the word I'm trying to think of... resonates with you.

Z: Resonates. Very good.

D: There's a resonance... Remember, the universe is not solid. It's made up of little particles and lots of space...

Z: Energy.

D: ... and it's all vibrating so resonance and vibration is all there is. And so you vibrate with some things and you don't vibrate with other things. And that's the balance. And love is the best example because you get such extremes and you get such highs and ... sometimes such lows.

Z: Love is a drug.

D: Love is a drug? (laughter) Well it produces drugs in your body because it goes all over the place.

Z: I'm addicted.

D: To love.

Z: I'm addicted to love.

D: I think we played that one before. Didn't we?

Z: I don't think we have that one today, but people know that one.

D: We did play that once I thought.

Z: I want to hear that Righteous Brothers song.

D: You know that's a little... let's kind hear just hear little bit of it...

Z: Is that a slow one?

D: yeah... well you know the one I wanted to play was 20.

Z: Oh! We have to play 10! We gotta play 10 right now.

D: Okay.

Z: Cue up 10.

D: This is old...

Z: This is great. Okay. Just a little light heartedness.

(music)

Z: So we don't get too serious around here.

D: ... about love.

(song: Love. Love will keep us together. Think of me babe whenever... some sweet talking girl comes along, singing a song. Don't mess around you just gotta be strong. Just stop! 'Cause I really love you. Stop! I've been thinking of you. Look in my heart and let love... keep us together...)

D: So that love... see I told you it's metaphysical...

Z: I think I choreographed a song to this... or a dance to this in high school.

D: You know I just saw an article and I can't remember when... it was like Los Angeles... that Captain and Tennille are still together.

Z: Wow.

D: They do some sort of... some sort of...

Z: They should be doing Vegas.

D: They're in the entertainment business. And people have been trying to get them to do that.

Z: That would be great.

D: And I think it was talking about they were going to do it.

Z: They remind me of like Paul Anka and all those great artists. All right, let's hear the chorus, one more time. I just can't stand it.

(song: Just stop! 'Cause I really love you. Stop! I've been thinking of you. Look in my heart and let love... keep us together... whatever. Young and beautiful...)

D: I'm doing my best to keep time...

Z: I know we could just get lost hearing these songs.

D: Just look at... the whole body is used to express love. They talk about touch; they talk about whispering words in ears...

Z: You know you could change your mood instantaneously...

D: Taste... kiss... yes.

Z: ... with a song. Instantaneously.

D: You can rebalance yourself.

Z: You can rebalance.

D: Yeah.

Z: Resynchronize.

D: You know some... this is... a lot of people haven't heard but it's really quite good... number 17...

Z; Oh yeah. Oh yeah.

D: Or 19. One of those two. Let's try 17.

Z: His son is really hot too now.

D: Well this is the son.

Z: This is the son? No, this is Enrique. This is the dad.

D: This is the son.

Z; Oh, this the son. What's the guy's name? The dad?

D: I don't remember.

(music)

Z: Julio!

D: Julio.

Z: This is Julio's son, Enrique. He's hot.

D: This has got a lot of rhythm to it. I love this song.

(song: I was so alone...were my fantasies. And through your team... liberated me. And taught me so much about humanity... yeah.... I need your touch... you're more than just a woman...)

D: This one's kind of interesting because this is the guy saying he wants to be... he wants it just to be that way. Usually it's the other way around.

Z: You know this is a good familial love story too because if I remember correctly... Julio's calling us right now... if I remember correctly, his father discouraged him from being an artist. He did not want him to be a musician.

D: Uh uh. He did not want him...

Z: And the son... Enrique here... snuck away so that he could be a recording artist and then his dad found out... like when he got a number one hit, or something.

D: Here's another ... number 19 is another one by him.

Z: Oh.

D: I don't think a lot a people... when I showed this song ... music... a lot of people have not heard him.

Z: No. I wonder what happened to him? Because he came out with these CDs a couple years ago.

D: I think he's still around. I saw him down in Miami.

(music)

Z: He's hot.

D: Yeah... he's got good rhythm. He's got good rhythm and it's easy to dance to, like American Bandstand.

Z: There you go.

(song: ...what you're searching for... is through all that you've found.
Up in this world taps on the run... a lot of ... only a few number ones...)

Z: You know you said something brilliant because this is like a
BigBrain American Bandstand Show.

D: Yeah.

Z: Remember? Saturday mornings? Did you used to watch
American Bandstand? The girls up on the little pedestal...

D: It used to be on every afternoon. You don't remember that.

Z: Every afternoon?

D: Oh yeah. When I was younger, it was on every afternoon.
You'd get home and watch it.

Z: Are you kidding me?

D: It was out of Philadelphia. That's where it started.

Z: American Bandstand.

D: There was a guy on there...

Z: I just remember Gilligan's Island.

D: ... there was a guy on there who looked just like Sal Mineo...
who you probably don't know who Sal Mineo is.

Z: Who? Excuse me?

D: He was a real good looking dude.

Z: That sounds like a disease. Salmonella?

D: They would have Fabian on... Avalon... Frankie Avalon, all
those guys...

Z: Oh my god. You are dating yourself now. (laughter)

D: Yes. I was very little. My sisters were watching it.

Z: Yeah, right, right, right, right. (laughter)

D: No, that's the truth. That's actually the truth. But I always watched with my sisters. I always appreciate that from them. They kinda got me started. But we must have good music because Justin, our All American technical engineer in there is just bouncing away.

Z: The techno man of the...

D: He's the superman, but he's usually so calm and... never... this guy is rockin' in there.

Z: Is he rockin'? That's good.

D: His wife's going to have a great day today.

Z: (laughter)

D: He's going to be excited.

Z: Juices are floating. Okay. Good. Well, what else about love? Of the love show?

D: Well, I think the thing we want to know... just going to come back to the fact that all emotions are imbalanced perceptions. Now that's bad. In order for us to perceive anything, there has to be an imbalance for us to actually know that it exists. I told you that. And so... but the problem is we think that imbalanced perception, you know, has sort of truth to it... like infatuation. Okay? So when you get infatuated, what happens? Usually you've got the downside, which is what? Resentment. And so what we're trying to express is these emotions are just natural in order for us to perceive them. But you know the real thing is the underlying love that that kind of drives them. That's what we're looking for. And it's kind of what you feel inside your body.

Z: So you... are you basically saying it's okay to sing these love songs but then you've got to get it together after that? You've got to neutralize it out?

D: No, it's just part of you. They're all part of you. They're not a part... everybody has every one of those characteristics... the way they...

Z: Maybe that's why people love songs so much because there's so many different flavor.

D: We have every one of those different characteristics they talk about. Every one of them. Okay?

Z: Okay.

D: And so ... we're just expressing them. You had something you wanted to...

Z: Well, you know I love this one by Van Morrison. Number 16.

D: Oh yes. Let's hear it.

Z: Let's hear a little Van. He's great.

D: Okay. Let's play Van.

(music)

Z: A little slower pace but I think we gotta calm down or we're never going to make it through the show.

D: Well, we're good...

Z: I'm tired already. I'm going to need a Martini.

D: As long as our engineer makes it.

Z: Yeah, right. We're counting on him.

(music)

D: We got a little lead in music here. We should...

Z: So beautiful.

D: Yeah.

Z: It's almost as beautiful as his song.

D: It is.

(song: Have I told you lately that I love you... have I told you there's no one above you... Filled my heart with gladness, take away my sadness... ease my troubles that's what you do...)

Z: Wow, he's like just a soulful guy, isn't he?

D: He is.

Z: Those songs. Wow.

D: He's got that voice... it's just...

Z: Nobody like Van.

D: So then the tone of the voice attracts you on the singers, too.

Z: That's right. Different moods, different tones, different frequencies.

D: And have you ever heard a song you thought was great, and then later on you hear it and you don't? So I think where you are in the mood kind of determines it sometimes too.

Z: I never had that experience. If I like a song, I like it. (laughter)

D: Well something... it didn't quite... so I want...

Z: Didn't quite do it for you?

D: I want to play a song that... this goes way back to... remember I said I was with my sisters? My oldest sister...

Z: This is an old one?

D: Number 12, okay?

Z: Number 12.

D: This is the song that I used to stand in front of the mirror, and all the stuff... this is what got me...

Z: Number 12.

D: ... got me... got me going here. Right here. Go ahead.

Z: All right.

(song: Love me tender...)

Z: With your sisters in front of the mirror.

(song: ... love me sweet...)

Z: I may have heard this before.

(song: ... never let me go. You have made my life complete... and I love you so...)

Z: Oh, this is great.

D: Isn't it?

(song: Love me tender, love me true, all my dreams fulfilled. For my darling...)

Z: You're ruining it for people.

(song: ... I love you, and I always will...)

Z: You're supposed to save that for the shower, Dr. D.

D: Okay. Anyway, you get the point... okay?

Z: Well we were trying to hear Elvis, but we got the...

D: Well my sister Diane, you know, man she just loved Elvis. And I just started thinking this was a pretty cool dude. But you know...

Z: If he could make girls do this...

D: ... well you know then I learned to dance and I did all that stuff... and a lot... it was cool. But here's another Elvis song just to ... I'm revealing my real self. Okay?

Z: All right. Which number on here?

D: Oh, we'll play it a little bit later. Because we want to... we've got another song we're going to do about being connected. Okay?

Z: Okay.

D: But this song is kind of a connection song.

Z: Okay. Good.

D: And I think everybody...

Z: Come on back for the grand finale. We'll come back from the break... BigBrain Radio Show. AM950 Air America Minnesota.

(music)

Z: And True Companion.

(music)

(song: Baby I've been searching, like everybody else. Can't see nothing different about myself. Sometimes I'm an angel, sometimes I'm

cruel. When it comes to love, I'm just another fool. Yes, I climb a mountain. I'm gonna swim the sea...)

(song: Treat me like a fool. Treat me mean and cruel. But love me... bring my faithful heart... tear it all apart... but love me... won't you love me?...)

D: Hey, welcome back to the BigBrain Radio Show.

Z: What is it about that guy?

D: Now, look at that song, just drives over the years. Isn't that great?

Z: I'm just tipping over in my chair. That guy is so lusty. I don't know.

D: Yeah, well, he had life to live and he had is... he did his ups and downs...

Z: And he lived it. Okay... so we're coming back... this is stuff that works. And stuff that works is...

D: Well, like Elvis' stuff that works ... I mean...

Z: Well love works.

D: Love works. Okay. But the emotions... you know... look it. Elvis had that time when ... he's contributed... he's a legacy. And yet he still had things to deal with and he didn't have any magic answers. It's just...

Z: He was a human being.

D: He was a human being.

Z: Human being.

D: And human beings are burdened with... our... we get overloaded with our emotions and we start getting one way or the other.

And I think he really felt that purpose, you know, in what he was doing and then he just got off purpose... what happened, who knows.

Z: We're not a human being living a spiritual experience. We're a spirit being.

D: And you know the big thing is love. There's this show called Don Juan. I just love that show. And in it was ... who's the hot actor now... you know in the Caribbean...

Z: Yeah, what is that guy's name.

D: Boy, we have a blank out there.

Z: Well anyway, Don Juan in that movie... oh, Johnny Depp.

D: Johnny Depp and Marlon Brando.

Z: Oh, Marlon Brando... that...

D: It was just a great show.

Z: Gall, that was a great show.

D: If you want to start that, I think it's got a little lead-in so... That's number 7.

Z: That's by Bryan Adams... Have you ever...

(music)

D: But that show... I love that show... and ...

Z: I'll have to re-rent that one. It's been a while.

D: Well, probably the more... but it was the passion that got stirred up in Marlon Brando. I he really did good with it.

(song: ... understand her. You gotta know it deep inside. Hear every thought. See every dream. And give her wings when she wants to fly. And

when you find yourself lying helpless in her arms... you know you really love the woman. When you love a woman, you tell her that's she's really wanted. When you love a woman, you tell her that she's the one. ...)

Z: Don't stop. Don't stop. I love this. If you really loved a woman, you'd do these things. Are you listening to this?

D: I am listening.

Z: Keep coaching guys!

D: This is like... this is like Advice 101 here.

Z: Yes.

D: I hope the guys here... That's why I said it's a great show. Because love of a woman is beautiful.

Z: Really.

D: It's stuff that works.

Z: You take coaching from this.

D: Johnny Depp is stuff that works. Marlon Brando is stuff that works.

Z: Yes. If you want to have a good Father's Day, listen to this song, be this way... it's great.

D: The father still has to give here. Let's put it the other way around (laughter).

Z: (laughter)

D: Oh well.

Z: That's great.

D: So, I think we're revealing ourselves here today. We're probably... more revealing our real personalities a little bit.

Z: Music does make you vulnerable, that's for sure.

D: (laughter)

Z: It's intoxicating. Love is intoxicating.

D: How about we do a little...

Z: Wait... I wanna... can't we hear that chorus one more time?

D: Oh sure. Go ahead.

Z: It's coming up, isn't it?

D: Yeah, yeah, yeah.

(song: ... you really love a woman. When you love a woman, you tell her that she's really wanted. When you love a woman, you tell her that's she's the one. She needs somebody...)

Z: That song has the rhythm of a sailboat. It's very... it's undulating.

D: Yeah, there's some ...

Z: Oscillating.

D: Well you know, love is like that. You know... I want you... stay away... I want you... stay away... want you... stay away...

Z: (laughter)

D: Well what's that like... back and forth, back and forth...

Z: Back and forth, back and forth.

D: Sometimes that's the way it is...

Z: Love you, hate you; love you, hate you; come and go; come and go; come and go; in and out.

D: That's the way it is with men and women. In and out. There you go.

Z: There you go. Well anyway...

D: Anyway... we are expressing ourselves in terms of love. Now there's all kinds of love. We're not trying to... this is the kind that kind of stirs the emotions and makes people...

Z: Moves people.

D: ... Moves people. I think relationships are the thing that people want everybody's attention on. Should we do a little upbeat thing here? From...

Z: Yeah, we're coming down to the end here. We gotta get a couple more in.

D: How about number 5 there?

Z: Number 5. Oh yeah, this is good. This is Bonnie Tyler.

(music)

Z: Total Eclipse.

D: Total Eclipse of the Heart. That's right.

Z: Another very interesting voice.

D: Yes she is... she's very interesting. But she kind of lays it down... she's got that really deep voice and she just says I've got something to tell you buddy.

(song: Turn around... every now and then I get a little bit lonely and you're never comin' round. Turn around...every now and then I get a little

bit of tired of listening to the sound of my tears. Turn around... every now and then I get a little bit nervous that the best of all the years have gone by. Turn around... every now and then I get a little bit terrified and then I see the look in your eyes. Turn around, bright eyes. Every now and then I fall apart. Turn around, bright eyes. Every now and then I fall apart...)

Z: What angst.

D: Yeah, but see the thing is... the thing is she isn't hearing him telling her to turn around. He's there.

Z: Let's not get into a fight at the end of the show.

(laughter)

Z: That's very good.

D: You know, let's do... let's do... another one of my favorites here. Number 3. Huh? I actually sang this... recorded this once.

Z: Oh you did?

D: Yes.

Z: In Nashville?

(music)

D: In Nashville, right. With my group. The Jordanaires.

Z: (laughter)

D: I'm giving myself away. He is back

(song: Wise men say, only fools rush in. But I can't help falling in love with you. Shall I stay...)

Z: All right. Well anyway we're coming down to the end of the hour here. This has been a lot of fun.

D: Hasn't it? I told you it would be.

Z: Yeah. I wonder if you get married... is there an Elvis chapel in Las Vegas? Do they play all these songs?

D: When I first brought this idea up you looked like I was crazy.

Z: Now, I'm leaving your show, to go start a show...

D: To do this.

Z: To do this.

D: It's fun, isn't it?

Z: I found my new calling.

D: I think the music is really it.

(music)

Z: Well, thanks for being here today. And is that it? Is that a wrap?

D: Yeah... the Wizard of Oz... the reason we want to talk about the Wizard of Oz is because they were looking for a brain and a heart... the Lion and the Tin Man. So everybody, we're all looking for that brain and heart as they connect to everybody.

Z: We'll be back next week at 11:00.

D: It's always love baby.

Z: This is the BigBrain Radio Show at AM950 Air America Minnesota. Have a great week. See you somewhere over the rainbow... in love...

(song: ...land that I heard of, once in a lullaby.)

(end of tape)