

Big Brain Radio Show
4/29/06

(music)

D: Hey, good morning! It's Saturday morning. It's the Big Brain Radio Show. I'm Dr. David Stussy, and you can call me Dr. D.

Z: And I'm Dr. Zena Xanders and you can call me Dr. Z.

D: And we are...

B: The Big Brain Radio Show!

D: Well Dr. Z, we have one of our favorite, all-time favorite, super favorite individuals.

Z: You gotta BigBrain on the line there?

D: We've gotta BigBrain... I think he's like a cosmic BigBrain.

(laughter)

Z: A cosmic BigBrain on the line. Oh oh! I hope the AT&T wireless network can hold it all. The "quantumness" of it all.

D: Anyway, Dr. John Demartini, who we've had as a guest several times and we've talked about a number of times. And he is putting on... he is having a Breakthrough seminar on the 5th... no, 6th and 7th...

Z: Of May.

D: Of May.

Z: At the Hilton Hotel in Minneapolis, Minnesota.

D: And we'll tell people how they can register ... after they get a chance to listen to John for a little bit. So John...

Z: But we lassoed him from Hawaii to talk with us a bit about things today. Good morning Dr. Demartini.

Demartini: Good morning, good morning.

D: Yes, so you're definitely morning. And you just go there, is that right?

Demartini: I got here yesterday, mid-morning.

D: And where have you been?

Demartini: I was in Australia and I came into Hawaii from Australia.

D: Okay, so you're sort... like a half-way... de... de-compression point or something.

Demartini: Decompression. Yeah, I'm here to do some programs Tuesday, Thursday and Saturday, Sunday here.

D: That's great. I don't think I've ever seen you do anything in Hawaii before, have you?

Demartini: It's been a while. It's been a few... two, three years now.

D: Great. Well that's fantastic. Well you certainly are going worldwide global, and I can't wait until we go galactic because then I'd have to visit you.

Demartini: There you go!

D: Right? So, just for the individuals out there that haven't heard of Dr. Demartini, he is a healer, philosopher, lecturer. He is the creator and ... what is the word ... creator of the ...

Z: Founder and creator.

D: Founder, that's the word I was looking for.

Z: Yes.

D: Of Concourse of Wisdom, which is a series of... How would you describe that? Schools, John?

Demartini: Well, it's a curriculum of classes that ... all the classes that they leave out of college and high school that can help a person personally develop so they can be more, you know, masters of their life. That's courses to help people master their life.

D: Really... and the really great thing about it is you go back and bring the background. Because a lot of times people don't know where information came from or how a point of view actually came up. And what are all the different points of views and things that created it on the way. So John is a master of setting the background experience to the detail, more than probably any... any PhD is...

Z: Yes and haven't you studied all the "ologies", John?

Demartini: Well, I don't know about all of them. There's new ones. But I do my best to try to study everything I can. Anything that might help human awareness and human potential... the sensory and motor function of the human mind and brain, I do whatever I can to help expand those. And so that's led me to just about every "ology" I hear about and try to learn as much as I can about them.

D: Well you know I study a lot about the brain. I remember I was so excited because I was telling John about glia cells being functional and stuff like that. John opens his book and shows me in 1988 he had already told that that's what's going to happen. 1988.... This was like 2004 when I told him. (laughter)

Z: That's great. The glue and the matrix is actually causing something, not just hanging out, yes?

Demartini: Yeah. You know what's more... the thing that we've been given that is so magnificent is an incredible mind and incredible brain to allow us to absorb and then in a sense govern our lives... absorb the magnificent environment that we live in and actually respond to it in a way that we can actually be creative and do amazing things in our life.

D: Well we want to hear more about that.

Demartini: This is what inspires me everyday to go and study and learn... anything to expand that.

D: Well you inspire us.

Z: That's right. Come on back. We're going to be with Dr. John F. Demartini for this hour of the Big Brain Radio Show. You're listening to AM950 Air America Minnesota.

(music)

(music)

D: That's Rod... Good morning. Get on the train.

Z: Leave that baggage at home.

D: Go insane

Z: Bring your Quantum Collapse, American Express Card and get on board.

D: We're back with John F. Demartini... philosopher, teacher, healer extraordinaire.

Z: Founder of the Demartini Method.

D: Yes, that is an incredible process...

Z: Tell us more about that Dr. Demartini. What is the Demartini Method and the Quantum Collapse.

Demartini: Well, the term 'quantum collapse' was originally the title for it and it was... I noticed many years ago... when I was literally 18 years old I was reading the introductions to quantum physics and I came across a realization that if you take what they called in quantum language, particles and atom particles and merged them together, you made light. And I

thought ... hmmm... I wonder what would happen if we took the positive and negative particles that made light... I wonder if we were to put a metaphor together and put the positive and negative emotions together and making enlightenment. In other words, I took the principles of physics and kind of transferred over to metaphysics. And so I went exploring the possibility of taking the things that we consider attractive or repulsive or positive or negative or nice or mean... any of the polarities that we have in life... and if we could see those simultaneously and merge those together, what would happen? And in exploring that I found that something extraordinary. I found that literally when we saw things that we thought were supportive to our values, that we labeled positive... and if we looked at the same exact moment for things that challenge our values that we label negative... if we saw them at the exact same moment, we had this really unique experience. It wasn't a positive or negative emotion. It was a synthesis and out came appreciation and love. And it became sort of like ... wow, we have this same principle applies in physics to metaphysics. And so I started exploring that and I developed a science on how to help people be more appreciative and have more love in life... not only for themselves but the things and events and the people around them.

D: Well I can say that's definitely true. You know I've had the chance to ... to... to participate in this process and observe people in the process... and study a little further. And we really do have a polarity that has... I don't know how that shows up in human experience probably because in order for us to have form we have to have that difference in perception. But then we fail to see the other side. And you know you talk about... you know as you get older you can see ... you know you're going in those concentric rings you talk about as you have different experiences... you can look back and see how it's the same... it's always there... but in our present form we can't always see it.

Demartini: Well our senses are filtering mechanisms. What we attend to, with our senses, is based on our values. As we're walking through the environment, a husband and wife with two different value systems... maybe she's focused on children and he's focused on business for instance... or vice versa... She and he will see two different environments... because of that filtering. We tend to – it's just like a woman who has just had a baby. She... because the baby is so high in her value, she can let a freight train drive by without noticing or waking up. But if a whimpering of a baby starts to occur, she's awake... because she selectively attends to her environment.

D: That's really good.

Demartini: And what we do... what we do is we filter our environment according to our values and we exaggerate and minimize and generalize and distort what's there... and we create our own individual reality out of what's actually existing. And that in itself creates these polarities. And so what happens we avoid and seek certain things and the contrast between those is what separates what's actually inseparable. And we actually then create emotions instead of gratitude and love. And unless we can go and transcend ... you might say... those value systems, we are caught in these emotions that actually consume our own minds... because if we are extremely infatuated or resentful or attractive or repulsive to things, we're consumed by them... almost like an addiction or subdiction. And when we put them together and synthesize them at the same moment, we have a really amazing, as Carl Yul called, a transcendent state and gratitude and love emerge. And this is the discovery that I came across with this method that's really profound.

Z: Dr. Demartini, I had a big picture kind of question for you. The listeners of Air America are very intelligent listeners. It's a progressive radio station. And I wanted to get your perspective on some world issues. For example, the price of gasoline... \$3.00 at the pump... people are in an uproar... this happening in Iran with the nuclear power... you know... being dependent on oil... give us a big picture example of how one part of the world affecting the other part of the world. What's the balance here?

Demartini: Well, I'd like to start with this. I was researching just about a week ago I guess on energy efficiency and usage. And I found a law... a principle that they've now been applying for over a hundred years and it's a law of efficiency of energy utilization. We have actually increased the efficiency of energy utilization approximately 1... almost 1.4% per year. In other words, the actual usage of energy is being more efficiently used today than it was a hundred years ago and every year it improves about 1% to 1.4%. They predict that it's going to go up. That means that the actual energy usage... the efficiency of it ...is exceeding the energy consumption. So what they're predicting is that we're actually not going to run out of energy by any means. We're actually going to have a surplus of energy, as a result of the energy efficiency. So what we do... now that's not marketed because it doesn't get sensationalism in the media. But that information is

out there in science. So if we go and explore that we realize that's crossing over. They predict about 2010 that's going to be crossing over to 2015. So what's going to actually occur is we're actually not going to be concerned so much about the energy usage. Now we have also Domsday-ist, and we also have political and we also have economic motives that are driving some of these prices. They will correct themselves sooner or later. So what we're doing is we're reacting as an unaware society to things and not really looking at what's always going on... a balance.

D: Well I think we get caught up in again... that opinion, that infatuation. I don't know if that's the word for this, where everybody kind of agrees oh yeah, it's bad thing...

Z: Like the drama of it.

D: Yeah but \$3.00 a gallon really... when you look at what we pay for... heck we pay \$6.00 a gallon for a bottle of water...

Z: We pay \$3.30 for a double latte... iced latte at the Starbucks.

D: And then people complain because it's kind of like it takes on a momentum of its own.

Demartini: Well people will always pay money for that which people value. And so ... you know they always find money for things that are really important to them. And if efficiency... if energy is needed and oil and gas is needed then we'll pay for it. It's just that simple. We'll adapt. I remember when it was \$.19 a gallon and \$.16 a gallon across the street from where I worked when I was a teenager.

D: John, I can remember that also.

Demartini: Yeah, so... so you know to them to double that was seeming outrageous. But it's all relative. I mean it's just like the big price of cars or apartments. My first car was \$595. And my second car was \$125.

D: (laughter). You were going down.

Demartini: And I used a quart of oil daily just to keep it running.

Z: (laughter) You spent more on oil than you did on gasoline.

Demartini: So it's relative. And I always say that whenever something is going on like that, instead of reacting and getting all, you know... having it run your life, it's wise to look for the other side. The other side's always there. There's always benefit sides. That also drives whole new industries... and you may be part of that industry that is actually capitalizing on that. So it's wise to look for the blessings. Anytime an event you have labeled negative because you think it's challenging your values, it's wise to always look for the other side and ask how is it supporting my objectives. Because the glass is half empty and half full depending on how perceive it and it's wiser to just see the glass as it is.

D: You know our friend... our old friend Buckminster Fuller used to say nothing will happen until it becomes economically demanded.

Demartini: Well that's why I say... You know even pollution – I know this is probably very shocking... Buckminster Fuller said it very wisely... and all my research points to the same thing... pollution really isn't pollution, it's a natural resource we haven't yet discovered the use of.

Z: That's great.

Demartini: And so what we do is we react now and then five or ten years later, once we get our heads together and we find out how we can use it, we use it to our advantage, and a whole new industry is born and thousands of people have jobs. And then what happens is there's new children and new education and something else emerges. So I always say instead of reacting it's wise to stop, look for the other side, put it into balance, have an enlightenment, and then act wisely.

D: You know just watching The Godfather... I thought the Godfather was the first kind of quantum healer because he would say ... you know somebody would do something real bad and he'd say "Nope we're not going to take any...you know we're just going to let it go...there's another side to this"...

Z: (laughter) How do you get the Godfather into quantum healing?

D: I just thought...

Demartini: You know I'm Italian so I guess it's in the roots.

D: I thought that was cool. He didn't let... everybody was flying off the handle wanting to shoot each other... he made everybody go back to center and say listen, you're not going to do that. We're not going to retaliate, nothings going to happen because... he saw the bigger picture.

Demartini: You know I guess it's all relative because inside us is an automatic humbling to a higher intelligence that's inside us. If we go and probe any "ology" to its depth, it humbles us, because we realize by probing it that there's some higher level of intelligence that's coordinating everything. I mean just imagine going looking at the cell of the brain. If we go into the intricacies of the cells of the brain we just get totally humbled. Whoever and whatever designed that and created that...

D: Well let's talk about that when we come back, okay?

Demartini: It's unbelievable.

D: I can't wait.

Z: Cosmic. Dr. John F. Demartini...

D: Cellular.

Z: Cellular. It's the Big Brain Radio Show. Come on back. AM950 Air America Minnesota.

(music)

(music)

D: Hey, welcome back to the Big Brain Radio Show.

Z: What was that song... in honor of?

D: It's from the show "The Hard Cash"... where people work and make their own way.

Z: All right. Okay. Tie that into the quantum collapse process.

D: Well we're talking about people looking at their experiences and really actually living out of their true experiences, not out of their perceived ones. Right?

Demartini: There's always a balance to it.

D: Yeah, there always is. So John we were talking... we've been talking about all these interesting things, but how does that kind of relate to what we want to have happen in the breakthrough and people take their daily... because they'll say well what should I come for... and obviously there are imbalances they have. They may have had something going on in their relationships. There's some block to their purpose in life... really. How... how... everybody may have tried something else... or you know when you talk about the breakthrough they say is it like this or is it like that? And it isn't because it's something totally different for myself.

Demartini: Well you know as people go through life, because of their value filters, they have events that they label really supportive of your values... their values and they label it good... and then challenging to their values they label it bad... When it's extremely supportive or challenging it can go all the way into infatuations and resentments. And it can go all the way into addictions and phobias. And when it goes to those extremes it becomes emotional baggage that kind of weighs us down, it kind of clouds our mind, makes us unclear and uncertain about what we really would love to do and how we're going to do it. And we end up in a sense holding our potential and our awareness way back compared to what it could be. And in the program – the breakthrough experience that I'll be doing in Minneapolis – it's about dissolving the baggage, with a series – this Demartini method – a series of questions that help you become aware of the other side so you balance out the perceptions. And it helps you get clear about what you want to dedicate your life to... a mission, and your objectives... and also gives you some tools on how to go out and live it. Because there really is a science on how to create the life you love. And for some reason, most people don't seem to take the time to learn it, but it's available to people. And what I try to do is share with people ... to help people maximize their potential.

D: I think the hardest people for to understand is there's something that happens when you do the Collapse or the Demartini Method... that actually creates a cellular change. It changes all kinds of things. Even people who are not sort of nonlocal. Are there any stories you could tell us about that? Or anything you could share?

Demartini: Well, I was just in Sydney this week and I did the Breakthrough Experience there and we had about... I guess about 110 people there... And it was really quite amazing. There was a woman who was having a challenge. She was having ... actually an affair with another woman... another man pardon me... And she was having challenges with her husband. And she really had love for her husband and she also had love for this other person. But she was infatuated with the second one... really had her way up... had him way up on a pedestal... and I kind of asked her a series of questions to help her become aware of that because it was torturing her trying to make this decision. And what was interesting is she ... she actually neutralized the things she was infatuated with, and when she did, she just broke down into tears. And she was appreciative to both of them all of a sudden. She just saw it... took him off the pedestal and into the heart. Because anything you put on a pedestal you keep out of the heart. And anything you put in a pit you keep out of the heart. And when she was ... when she was done, she had a deep appreciation. She knew what she was going to do. She was clear about her objective. She thanked the person that was in her life for coming in and catalyzing her appreciation now for her husband. And she had this beautiful surrogate dialog with this person that represented him and communicated that she was going to be moving on. And it was... she couldn't make a decision because she had so much infatuation with one and so much resentment with the other she couldn't find out what was in her heart. And inside her heart was a clearing when we had the Breakthrough Experience. And so ... and there was another gentleman there that had a challenge with his son. His son was representing almost everything he stood against. Now he was trying to be kind of a holier than thou... kind of a spiritual person. Her son was doing everything the opposite. And this person did a Collapse... this Demartini Method on the son and not only was the son transformed, who happened to be in the room, but it was amazing. Everybody in the room was in tears on the love that was shared at this process. So anything that can be emotional baggage... anything that's incomplete in our perceptions... anybody that we have not been able to thank and love, including ourselves, this method and this

breakthrough experience is a very powerful way of helping dissolve that and getting on with our lives.

D: Go ahead.

Z: Well I was just going to say, Dr. Demartini, what about the person who feels like there's not much wrong in their life... like they're actually cruising along, enjoying it... fulfilled... is there anything for them?

Demartini: Well, no matter where you are in your life, there's a yearning... and I always say nothing of the senses satisfies the soul, so whatever you're doing there's always a yearning to continue to expand in some area of your life. Nobody gets up in the morning and says that I want to be less spiritually aware, less intelligent, less vocation-fulfilled, less financially, less fulfilled in relationship, less socially connected and definitely less vital. So there's a natural yearning. So there's no end to growth. You know you never... as long as you're green, you're growing. As soon as you're ripe, you rot. So you don't ever want to think that you're done. So no matter where you are, the same principles of expansion occur. And the Breakthrough Experience is designed to provide that. And I don't know... I was here in Hawaii a number of years ago doing the Breakthrough Experience... and there was a gentleman there and his wife there... and he said... he stood up and he said, "You know, I don't really feel like I have any problems in my life. I mean everything is going the way I want. I'm really fulfilled" and this and that... And all of a sudden she slapped him.

Z: (laughter)

Demartini: And she said, "What are you talking about? You're bitching about the pool; you're bitching about the garage; you're bitching about your career. What the hell ... what are you saying all this for?" And he just kind of humbled himself and kind of shrugged his shoulders. And she said, "Get to work. This is ridiculous." So I always say that the partner sometimes is the disowned part... the part that shows the things that we're not willing to show to ourselves sometimes.

D: What's your definition of marriage?

Demartini: The purpose of marriage is not happiness, the purpose of marriage is to take your disowned part and own it. So everything that you

basically... I always say each person has a set of values, so whatever is low on your values, your mate will typically have as higher on their values. So you basically take the thing that is least important in your life and you marry it basically.

Z: (laughter) Oh wow! The joke's on us.

D: So when you're up, they bring you down; when you're down, they bring you up.

Demartini: The purpose of marriage is to equilibrate...to bring things into balance. If you're up on a high and you're a pimple that needs to be popped, they're a professional popper.

Z: (laughter)

D: You know John, one thing we should address is this sort of ceaseless journey for just pursue happiness. People think ...

Z: The quest for happiness.

Demartini: Well I have a seminar, and soon a book called "*I Gave Up on Happiness, It Made Me too Sad*". And what it is is people are looking for like an umbilical cord to plug into happiness in the world. They're looking for nice, without mean; kind without cruel; happy without sad; support without challenge; positive without negative; you know nice... like without dislike. They're always looking for one-sided magnets. But if you look carefully you'll never get a one-sided magnet so it will torture you looking for one-sided magnets. I always say embrace both sides of life and you're set free. And you have more magnetism to attract and create what you love in life.

Z: Hmm. That's great.

D: So really when people say they want happiness, what they... they're not acknowledging that happiness is just a judgment about how things are and at the same time, other events, which they call not happy are actually just contributing to their life just as much. Is that correct?

Demartini: They're both serving you. If you look back in your life and took away every one of your challenging moments that you thought were terrible, you wouldn't have much of a life. You need both. I always say when somebody is mean to you, they're actually believing you're capable of doing it and making you strong and independent when they're nice to you. Sometimes what they're doing is making you more dependent and believing you can't handle things. So you always have to look for the other side and realize that nice and mean is what make up love. I always... I love it when family dynamics are really deeply probed. You'll find out if you've got an overprotective mother, you've got a real rough father. Or vice versa. And the nicer one is always balanced by the meaner one so the kids will make sure that they get a balance of the two to help them prepare for life and have them have love. And love is always the synthesis and synchronicity of opposites. And when we finally brace that instead of searching for one side, we've mastered our life. That's the key of life.

D: You know John, you have another interesting concept that I just want to mention before we take our break... is how things change form. People say well I lost this, or this person is gone, or I lost this opportunity, etc. when that nothing is ever created or destroyed... and... it just changes form.

Demartini: It changes form. You know I have... I just listened... I have three new CDs for children that just came out. I just listened to one last night... about 2:00 in the morning – or actually this morning. And it discusses that... because sometimes people have a mother that has to leave, or a father that leaves, or a death in the family, or grandparents that leave... and what we find if we look... whatever we perceived that they stood for... and if we identify what those traits are that we might miss when we think they're gone... and look for who is now manifesting them, we realize them that nothing is ever missed, it just changes form... it shows up in other people. And the second somebody leaves our life, all the parts of them show up in other people, including yourself sometime. And we when we are able to see that and honor the new form, and not addict to the old form, we're more adaptable and we're less stressed in life and more appreciative of life.

D: Far out. Brain waves to radio waves.

Z: Be right back. Big Brain Radio Show. AM950 Air America Minnesota.

(music)

(music)

D: You're dancing with the Big Brain Radio Show. And we're Dr. John F. Demartini.

Z: And if you're listening in I just want to let you know, if you'd like to register for the Demartini Breakthrough Seminar on May 6th and 7th here in Minneapolis at the Hilton, you can contact Dr. Demartini at DrDemartini.com. Is that correct?

Demartini: Yes, you can do that, or 888-D-E-M-A-R-T-I-N-I.

Z: 888-D-E-M-A-R-T-I-N-I. You can call and register right now for this upcoming seminar, life altering, life changing seminar.

D: Totally life altering. And so we were just talking about... we're trying to strive to make sure that people get a sense what we're talking about because...

Z: Because basically they're going to take two days of their life... bell to bell... morning 'til whenever it ends... and they're going to have a transformational experience.

D: Yeah, and it truly is. You see the thing is a lot of times you take seminars and they talk about it, but you don't every come out with anything that ever happened or even a strategy to work with. John has both an action step within the seminar and action steps to take afterwards.

Z: And you walk away with the technology. You can keep doing this in your life and anything that comes up you can use this process.

D: Well I think the really cool thing is you go in and maybe you might address them, and you come out and the person that you had this issue with – if it was a person – they've changed and they weren't even in the seminar.

Demartini: Yeah, there's a thing ...

Z: Like a two for one.

Demartini: ... called a quantum local effect. Anytime you really truly love people for who they are, they turn into who they love. And anytime you try to change them into what you think and project onto them and expect from them, they resist. And so in the program we teach people how to love people for who they are, just as the way we want to be loved.

D: Yeah, you know I was talking to a patient this morning and she was saying, "You know I haven't talked to my son in four years." So of course I had to tell her about the seminar... because what happens... you know people just make these judgments and even though... Underneath we know ... we know that they love each other, you know it just gets lost some place.

Demartini: Well I had a gentleman who stood up at the breakthrough in Sydney this week and he was \$400,000 in debt four years ago. \$400,000 in debt. And he had just blown a business. And he had just... he was really in a challenging situation. And he had a breakthrough. He did the Demartini Method on himself for all the things he was beating himself up for, thinking himself getting in that position. And then also a partner that he also had blamed for. He did the Demartini Method on those two people. When he got through he was relieved. He got a clear insight about what he wanted to do. He came up to me this weekend, in Sydney, with his father and his sister... his father is 81... and he came up with his sister... and he stood up in the program and he said that was the turning point of his career. And he just showed us a picture of a 20-story building that he has just filled up, paid for and made \$18 million on.

Z: Wow.

D: So he kind of got rid of the debt, huh?

Demartini: He got out of his debt, turned the thing around. His father... He said... I asked the father, I said, "What made you come at 81 years old to this program?" He said, "Anything that made my son make that much transformation I insisted that my daughter go and I'm going."

Z: Wow.

Demartini: And so the Breakthrough Experience... it doesn't matter really where you are. It matters where you want to go. It's about breaking through anything in the way of where you want to go.

Z: That's great.

D: You know another thing we've kind of skirted around but we really haven't said, because underneath what it's all... our real purpose is to learn to love whatever there is in our life. Is that correct?

Demartini: Well anything that we haven't appreciated in life, is baggage. If you scan your life ... and this is one of the things that I try to assist people in the program... if you scan your life and you can see anything in your life that you don't say thank you for, then it's baggage. Anything in your life that back in the past – childhood – or present, that you can't say thank you and you can't see how it serves you, instead of it being fuel, it's friction. And what I do in the Breakthrough Experience is I teach people how to see that from different eyes and use that energy that is normally sitting and bogging you down to free you up and get on to creative activities to move forward and expand.

Z: The 81-year old man... if you can share anything... what did he see for himself out of taking the course?

Demartini: Well, he actually saw a new ... you know he has a wife and she's right there with him. She wasn't at the seminar, but she's right there up in his age. And he was actually feeling kinda like they lost some of the spark... Even though they'd been together all those years, lost some of the spark... and he wanted to do her... he wanted to show more romance and more affection for her. And of course it's interesting because in the program you know we have sometimes surrogate people play out the roles of people... and there was a lady – I guess she was bout 56 – that got to play out his wife. And even though his wife is probably 70 something... he was a real... it was amazing watching him let loose. He was just... he had tears in his eyes. He had a lot to say. He outlined all the things that she had done for him all his life and he never got around to saying it. He just accumulated it and took it for granted. And he got to communicate such love. And if you sit and watch somebody 81 years old talking to his wife, anybody at any age in that room was in tears listening to such love ... all those years of

affection. It was really touching. And I have no doubt he went back to his real wife and had an amazing breakthrough.

D: You know I'd have to say to anybody out there if you've got any resentment, any kind of story that you're using to keep yourself from moving forward... or something where something was done to you or lost, etc., and you can't breakthrough... you know you just... sometimes we just can't do it on our own. You have to come in and have someone direct you in a certain way, and that's what John does in a way that is most powerful on earth.

Z: Maybe even tragic things like... um... a rape, or a criminal act, or an abortion you're incomplete with... these life things that happen that you just have not been able to move on.

Demartini: There's absolutely a science on how to do that, and it's really amazing... because every week we have that. We have people that have had deaths in their family. We've had people that are divorcing. We've had people that are broken... trying to breakthrough new levels in their business. We have some people that have been incest... rape... I mean we've had... I actually... the other day in Capetown, South Africa... no pardon me... yeah, Capetown... Capetown... I had a lady who had been dating somebody from the Al Qada... how's that one?

Z: Wow.

Demartini: And she was actually... schizophrenic ... that's the bipolar/schizophrenic... she was on the borderline... and he was threatening her life if she said anything or did anything. And so she was balled up inside and having all kinds of stress about it. And she didn't know what to do and she wanted to let it out. She had nobody to talk to about it. And she let loose some amazing stuff on the thing and we helped her go through and get some help and support... and it was just amazing because the whole room is just sitting there going "whoa", because there's an Al Qada seed there in that country, that apparently nobody knew about. And this is an amazing thing to actually have to see in the program. And we hope to breakthrough and get some help and find out what to do in this situation.

Z: Are you saying it affected her psychological health with the bipolar/schizophrenia to be in this conflicted...

Demartini: Well the trauma... he had threatened her. He had beaten her and threatened her and told her that he'd take his life... her life if she said anything and here she is saying things, which everybody's kind of going "Wow"... right in the program. But at the same time she didn't have the courage or the strength inside herself to be able to move on. And so being in that environment we gave her that. We gave her some contacts. We gave her some leads on how to move forward. And so there's ... it's kind of a historical event that occurred there.

Z: Right.

Demartini: So she didn't... You know people who are disempowered ... I always say if you have disempowerment in most areas of your life, you're mentally not necessarily educated. Your career is not necessarily stable. You don't have a great income. You don't have a lot of loved ones around you. You don't have a support team around you. You're uncertain about your spiritual beliefs. You become very disempowered in all areas ... you become dominated by people... and you attract people that dominate your life. So, in this particular situation, she was so disempowered and had such a no network of people to help her, that she was stuck in this vicious cycle with this person that she's attracted in her life. And we gave her the power and helped her see the possibilities of moving on her life. And this case... I think that was the wisest thing we could do for her. But in other cases we help people breakthrough and reestablish a relationship. In this case I think you're dealing with somebody who's been injured and somebody who's also a little bit on the psychotic side.

D: I thought the story you told about the lady who'd been in the tidal wave... the tsunami...

Demartini: Yeah, that was Myrtle. She was actually in Johannesburg recently. She came to the Breakthrough Experience. I was doing a radio show in Johannesburg... the Tate Turkington Show and I was talking about people who have been through deaths and loss and things... and we had live people calling in you know with their stories. And one lady called in and she said "Well, I lost my son and my husband in the tsunami. I almost drowned. Two of the friends that I was sitting there socializing with disappeared that moment"... and she was under the water watching her son and husband die. So she was under pretty emotional stress. She called in. I

met with her for three hours and 20 minutes... did the Demartini Method on her... completely shifted her perspective. She is now... she's 69 years old... she's now beyond that. She's got a new boyfriend. She's died her hair. She's lost weight. She's cranking starting a new life, getting on with her life. And she was in the program and telling people the whole story and how it changed her whole life, literally in 3 hours and 20 minutes.

D: Whereas in the past, if you hadn't intervened, she'd have been stuck with... everybody would have supported that story...

Demartini: Well she'd already done 6-1/2 months of you know therapy and friends...

D: We could go on and on.

Demartini: ...and religious group trying to help her go through her... And they were supporting the grief and supporting the compassion that way, instead of getting to the real root cause of how she was perceiving things. And I don't... it's not that I don't have compassion for people, it's just that I don't want them to sit there and run they're story for the next 20 years. I want them to breakthrough their story, and get on and see the other possibilities in their life... and then take life with gusto...

Z: So instead of...

Demartini: Any time... any time we die, none of us want the other person to sit and grieve for the rest of their life. We want people to get on with their life and this is the most honorable thing we can do.

Z: So instead of suffering, you're left with appreciation.

D: And love...

Z: For what has been.

Demartini: Yeah! Because no matter what happens, there's always two sides. And if we see one side we can be you know elated or depressed. If we see both sides we can feel love.

D: Powerful. So ... if an individual who has a thing that is stopping them or blockade, they have to be willing to come to the breakthrough... and what do they have to be open for?

Z: Yeah, what would they expect? What would it be like to be in this course?

Demartini: Well, the first phase... On Saturday morning we spend... we go over the principles of what we're about to do. Because I don't believe a person should learn a technology without understanding the principles behind it. And we go through the principles of human behavior. We break a bunch of myths that people get addicted to. And we make people look from a different perspective first. Then in the afternoon, we get to work and we actually do the Method on whatever issue that they want to work on... either breaking through to new levels or accomplishment... or taking care of baggage in the past; or somebody that they just want to have a greater relationship with... whatever it is that they choose to work on. And then we spend that afternoon and evening just doing that until everybody gets it. And the process of doing it is amazing, because you're not only getting it yourself, but you're watching everybody else in the room learn – and you're getting kind of a triple and a quadruple benefit from it. And then on Sunday we spend the day dedicated to whatever it is that we'd love to create... how do we do it now? What are we going to do? What's our mission? What's our objectives in life? And how do we go out and fulfill those? And so it's dedicated to just expanding us and growing in that area... and going out and achieving more in life.

D: Um... so... they actually have a technology to handle these imbalanced perceptions...

Demartini: Well if I give them a technology... I call it a tool with a thousand uses because it has so many applications. It is being used in education; it is being used in religious organization; it's being used by politicians. It's being used by... I mean psychologists, health professionals. It is a tool that has many, many applications. And once learned... In fact, I... in Sydney this week, when I asked people who has been there before, because many people come back because they want to learn more about it. I asked them "How many are still using this?" Every one of them put their hand up. They used it again and again and again. It's a tool that they'll use for the rest of their life.

D: It's one of those things that once you know about, you can't help but use it... even if it's just a ... like a mini... little mini collapse.

Demartini: Yeah, a little mini issue that you face in your life. You know sometimes they're... you lock your keys in the car or something. You know what do you do with it you know?

D: You know I had that happen the other day. I was walking by this place and there was something available quite valuable and I hadn't heard back from them. And I started to go up the stairs and I said...

Z: You were resenting them.

D: I was resenting them. And I said you know if I lived with this... I went back in and in about 10 minutes a thing that wasn't available became available and it just like opened the door. There it was... just perfectly... incredible. But if I'd have walked up those stairs muttering to myself, it would never happen.

Demartini: I always say if you... whatever happens in your life, if you look for the equinox that you'll find out that it's simultaneously there. And it evaded your awareness at first because you have to look. But those who seek... knock on the door, the door opens. Those that seek they find. You just gotta be willing to look for the other side to balance yourself out and bring yourself to the center again. That's where the heart is.

D: Well it takes... it takes... I don't know if the word is courage... what it takes for people to be in the Breakthrough. It takes a commitment. It takes some money.

Z: Desire.

D: But... I should let people know that it's been the same price for how long, John?

Demartini: Oh, about 18 years now.

D: 18 years. So John's commitment more is to the process than in... because... what do you call it... make it up in volume, right?

Demartini: (laughter)

D: But it really... for people to be there... to make... to be there and expect to have something really huge change in their life. That's all I can say.

Demartini: Yeah, there's no way you can go through Breakthrough without having a breakthrough. I don't know of anybody that's come out of there... everybody that comes out of that program... if they just stay with it... Now occasionally, you get some people that someone... their brother, their sister or their husband told them you gotta go and they don't really want to be there. And they're welcome to move on and leave if they'd like, because sometimes it's just not for certain people. But I can tell you that the people that go there, complete the process, finish the thing, they usually say thank you and give me a big hug at the end.

D: It's a BigBrain process, if there ever was one.

Z: I had a funny thing happen at a dinner party, John. You know once you do this course it changes your perception because in my experience, now you're always looking for the balance. So when someone says something is really extraordinary, or they're infatuated then you kind of look ... okay, what's the downside... So this friend was talking about her son who has been recently in the last year. They were celebrating one year. And you know the daughter-in-law was great, but she was manipulative. And then I said, "Well, how's your son?" And she said, "Oh, he's great. And he's doing this and he's doing that..." And I said "Well, that's great, but what's his downside?" She just... the whole table just stopped talking... and she looked at me like a deer in the headlights. And... but it was so obvious. A mom, of course... can be guilty of thinking her children can do no wrong. But even that could be damaging to her relationship with her son... if she's only idolizing him.

Demartini: Well you know what happens when the mother only idolizes the son, then what happens is the son can become addicted and be an umbilical cord plugging into mom... and then compare that to the wife and not appreciate the wife. And so what happens is it can cause a rift in the family dynamic and if she's alienating the daughter-in-law and he's

basically comparing, then what happens is she's in a no-win situation because she's being compared to a fantasy of the mother.

Z: Come on back.

D: We're going to kind of tidy things up as we... last five minutes.

(music)

(music)

D: Hey, welcome back to the Big Brain Radio Show. We have had a very interesting show. We have shifted moods and moved to different spaces and so that song's kind of reflective of...

Z: What is that from?

D: That is from Hard Cash also. It's a person talking about life and their experiences with life.

Z: Hmm.

D: It's an interesting album.

Z: Very different.

D: Yeah.

Z: So if you've been listening, we've been visiting this hour with Dr. John F. Demartini, the Demartini Method and the Quantum Collapse. Again, we want to emphasize... I know... Dr. Demartini, I've visited your website many times. There is a plethora of information. I mean you have written books, and tapes and CDs. Yeah, if you want to know more about Dr. Demartini, his credentials, his background, his work, you can access his website: www.drdemartini.com. And you can also register for the seminar there.

D: There's some video clips that you can hit that show John talking...

Z: And his schedule... the whole year schedule... if you want to do any of his other programs as well... so... Also we wanted to mention that there is another seminar, which if you've been active BigBrain Radio listeners, you heard James Cunningham last week...

D: Um hmmm.

Z: So tell them about the seminar the day prior.

D: Well we're... our commitment is to the seven areas of life and one of the most important for individuals is financial. And one thing that we have committed to is health professionals, but this one is open to everybody on financial independence. And we've already talked about James' system, which is almost a guarantee if people follow it...

Z: And James has done the breakthrough... Dr. Demartini's work... big advocate of his work.

D: It actually made a huge difference for him.

Z: Um hmm. So they can find you, James Cunningham and the financial seminar on Friday, May 5th at the Edina Country Club. They can register for that seminar... \$95... www.cunninghamfinancial.com.

D: Um hmm. If they do the Breakthrough they can do the Cunningham Financial...

Z: For free.

D: ... for nothing and if they do the vice versa... it's \$95 off the ...

Z: So it's a big transformational weekend.

D: Yeah. I think John's going to be floating around... the circumference there some place.

Z: Yeah. Dr. Demartini, tell them about... we haven't mentioned these seven areas of life and how... you know say a little bit about that.

Demartini: Well, there are basically seven areas that we can function and excel in and that's our spiritual dimension; that's our mind development and brain and mental powers; it's our vocational and career; it's our financial; our family; our social life; our leadership life; and our physical health and wellbeing. And any area of our life that we don't empower is an area that somebody else overpowers us. And so we're designed to expand and to grow in those areas and to have a self-actualized and really fulfilling life, we're designed to grow in all areas. And any area we don't take the time for, well that's the area that we in a sense become our victims of our outside circumstances.

D: You know I remember when I first did that, I thought my social wasn't... you know I wasn't much there. And then I found it's actually probably one of my most powerful ones but I never even saw a self-expression in it. I was totally absent to it. It was fantastic.

Z: It was manifesting in a way that maybe wasn't so obvious.

Demartini: Well yeah, you serve so many people, Dave, in your practice that that's part of your social life too. And all the things that you do and now the radio show... that's social.

(inaudible)

Z: It wasn't like you were going out to the bar for happy hour, but it was manifesting in another dimension.

D: Yeah.

Demartini: You were helping people raise the bar.

D: Yeah, right.

Z: (laughter)

D: So it's incredible because it opens you to seeing your life in so many different dimensions and how they're interrelated. And just because you pay more attention to one you can link it to the others and have it support all of them, which we've talked about in the show a number of times. But that's another component that you bring to the table John, is

how...you don't try and isolate one area and this is the way to be. It's that you can link all of them so they all have a powerful effect on them.

Demartini: Well there's absolutely no reason why we can't expand and be empowered in all areas and have an extraordinary life. I always say that if there's somebody out there that has developed that, then we can. If there's somebody out there extremely spiritually aware, so can we. And somebody incredibly ingenious, so can we be. We all have it inside us, we just don't access it. We don't take the time to let it out.

Z: One of the things I love about your work Dr. Demartini, is if you find an area that feels weak or that doesn't seem to be growing like you'd like, you find an area where you're strong and a value that's important to you, and you link it up. Like there's a technology for ... link is something really important to me to an area that maybe is difficult for me and then I can have what I want in that area too.

Demartini: Well there's a gentleman in Seattle University... I was speaking at the Theology Department in Seattle University and there's a gentleman out there getting ready to study for a test in physics prior to that. And loved skiing...downhill skiing. So I linked downhill skiing to his physics class and his physics class took off.

Z: (laughter) That's great.

Demartini: Once he saw he could be a greater skier by studying physics, he went to work on it.

D: You know John, you talk about extraordinary lives... I don't think people know that you actually live on an ocean liner that goes all over the world, called "The World" and...

Z: Plus he has several homes across the world.

D: ... several homes in Australia... and once when I first met him he had a place in Trump Towers... and his office is in Houston, Texas. Of course he's never at any of these places... he's just out...

Demartini: I just travel all the time. Right now I'm looking out from the penthouse out here in Hawaii. I change and move around all the time.

D: His purpose is to share with anybody and everybody... I don't know... I don't know if I said that correctly, but ... is to share the message of love and ... um... what would be the word? Breakthrough I guess... with everybody.

Demartini: Well I believe that we live in a magnificent universe. I believe that each of us have a magnificent and high potential individual inside us and I believe that we're here to love and be grateful for life. If we only had 24 hours to live, that's what we'd want. And if all of a sudden... I've asked tens of thousands of people... What would they... how they want to be perceived in life. They want to be loved and appreciated for who they are. That's the key: love and gratitude.

D: Well John, we ... we love and appreciate you for who you are. And I know you feel the same. And you have made a huge difference in the people who we have had go to the Breakthrough that have worked with us... staff and ourselves of course, especially. So anybody who is even thinking about it, make sure you take the opportunity to do it. If you have any questions feel free to email us at info@bigbrain.com. And we will talk to ... info@bigbrainradioshow.com and we will answer your questions for you.

Z: That's right. And the Breakthrough is a BigBrain idea. And we're dedicated to BigBrain people, BigBrain ideas, BigBrain concepts... so...

D: Where do you think the BigBrain came from?

Z: So we wouldn't be recommending this if we really didn't think it had a huge value for you. So again, it's www.drdemartini.com or 800-... 888, excuse me... 888-DRDEMARTINI. And you can always find us at www.bigbrainradioshow.com.

D: I always have a tear in my eye when I get done talking to John.

Z: Yeah, why don't you say something about your experience. What did you get out of your most recent breakthrough?

D: Well, this BigBrain Radio Show thing is going all over the country...

Z: That's right. This Radio Show is a product of your work.

D: ... and ... yeah, plus all the things I'm doing all over the country ...

Z: Thanks Dr. Demartini.

Demartini: Thank you so much. Appreciate it.

Z: All right.

D: Yeah, John... we'll see you in May.

Demartini: Have a bigbrain day.

D: You betcha.

Z: Everybody have a great week. We'll see you next week. 11:00 on AM 950 Air America Minnesota.

(music)